



POD SYSTEM IN GRACE PERIOD JUNIOR CRICKET

GUARANTEED PARTICIPATION | MEANINGFUL INVOLVEMENT

1 WHAT ARE PODS?



A coach or manager will group the team into **3 PODS**.



POD 1 bats in the **TOP** batting positions (1–3 or 1–4 depending on team size).



The remaining players are placed into **POD 2** and **POD 3**.

2 WHY THE POD SYSTEM?



Every player gets a **meaningful** opportunity to contribute.



The **FIRST HALF** of the innings should be bowled by players from **PODS 2 & 3**.



Recommended that the **BOTTOM POD BOWLS FIRST**.



Players **rotate** through every batting position over time.

3 POD ROTATION

WEEK 1

POD 1
BAT TOP
BOWL AFTER
50% OF OVERS

POD 2
BAT MIDDLE
BOWL AFTER
POD 3

POD 3
BAT BOTTOM
BOWL FIRST

WEEK 2

POD 3
BAT TOP
BOWL AFTER
50% OF OVERS

POD 1
BAT MIDDLE
BOWL AFTER
POD 2

POD 2
BAT BOTTOM
BOWL FIRST

WEEK 3

POD 2
BAT TOP
BOWL AFTER
50% OF OVERS

POD 3
BAT MIDDLE
BOWL AFTER
POD 1

POD 1
BAT BOTTOM
BOWL FIRST

AFTER
WEEK 3



RESET
PODS –
MIX
PLAYERS
UP

4 BOWLING RESTRICTIONS (POD 1)



POD 1 players **CANNOT BOWL** until 50% of the innings has been completed.

EXAMPLES

27 OVERS
BOWL AFTER
14 OVERS
(Year 7 & 8)

30 OVERS
BOWL AFTER
15 OVERS
(Premier Grades)

20/20 GAME
BOWL AFTER
10 OVERS
(T20)

THIS APPLIES TO



YEAR 6
POST-XMAS



YEAR 7 & 8



GIRLS
DIVISION 3



PREMIER
GRADES



GUARANTEED PARTICIPATION | MAXIMUM INVOLVEMENT

